

# SMYO Jr. High Retreat

September 17 - 19, 2010

## Tentative Schedule

### Friday, Sept. 17<sup>th</sup>

8:00 pm - Arrival & Registration  
8:30 - Mixer Games  
9:30 - Night Lunch  
10:00 - Introduction Session  
11:00 - Walk-A-Mile  
12:00 - Bedtime

### Saturday, Sept. 18<sup>th</sup>

8:30 am - Wake-Up Call  
9:00 - Breakfast  
10:00 - Morning Activities  
12:30 - Lunch  
2:00 - Afternoon Activities  
5:30 - Supper  
7:00 - Evening Activities and  
Coffeehouse  
11:30 - Night Preparation  
12:00 - Bedtime

### Sunday, Sept. 19<sup>th</sup>

8:30 am - Wake-Up Call  
9:00 - Breakfast  
10:15 - Worship  
12:00 - Lunch

## Guidelines

1. Alcohol (i.e. beer) and tobacco (i.e. cigarettes) are NOT permitted.
2. NO visiting people of the opposite gender in their living quarters.
3. Attend ALL sessions and activities.
4. Please DO NOT BRING iPods, cell phone gameboys or other electronic items!
5. Please LEAVE junk food at home as well.

**\* Infractions of these guidelines will be dealt with appropriately.**

## What to bring

Sleeping bag/pillow  
Bible  
Personal Items (toothbrush, etc.)  
Towels to wash  
Slippers to wear in Lodge  
Warm Clothes  
Camera  
Water Bottle  
Mosquito Repellent  
Flashlight  
Teddy Bear  
\*\*Talent/Skit for coffeehouse

**Registration Deadline: September 10, 2010**

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## Registration Form

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: M \_\_\_\_\_ or F \_\_\_\_\_

Address: \_\_\_\_\_

Phone #: \_\_\_\_\_ Home Church: \_\_\_\_\_

Hospitalization #: \_\_\_\_\_

Allergies: \_\_\_\_\_

Special Needs: \_\_\_\_\_

Sponsor at Retreat: \_\_\_\_\_

Mail to: SMYO Jr. High Retreat  
10A-301 Pakwa Place  
Saskatoon, SK S7L 6A3

**\*\*Make cheques payable to MC Sask  
Memo: SMYO Jr. High Retreat**

**Cost:** Youth \$85 \_\_\_\_\_ Sponsor \$70 \_\_\_\_\_ Late \$90 \_\_\_\_\_

*I give permission for my child to attend and fully participate in the SMYO Jr. High Retreat on September 17-19, 2010. I further designate retreat staff to act on my behalf in authorizing emergency and/or routine medical care for \_\_\_\_\_.*

*I understand all reasonable safety precautions will be taken at all times during the events and activities. I understand the possibility of unforeseen hazards and know the inherent possibility of risk. I agree not to hold SMYO, its leaders, employees, and volunteer staff liable for damages, losses, diseases, or injuries incurred by the youth named above. I also will allow my youth to be photographed for promotional purposes.*

Date: \_\_\_\_\_

Parent's Name: \_\_\_\_\_ Signature: \_\_\_\_\_

Participant (if 18 or over): \_\_\_\_\_ Signature: \_\_\_\_\_